SEMABU RELAXATION ZONE

Massage Service

Balinese Massage

is a traditional Indonesian massage that originated on the island of Bali. It is known for its combination of techniques, including acupressure, skin rolling, and firm and gentle stroking. Balinese massage is designed to stimulate blood flow, promote the balance of energy, and bring a sense deep relaxation to the recipient.

60 mnt	IDR 181.500
90 mnt	IDR 272.250
120 mnt	IDR 363.000

Aroma Massage

Aromatherapy massage, often referred soft to medium pressure is a holistic therapy that combines the benefits of massage with the therapeutic properties of essential oil (Lavender oil) to calming and release stress.

60 mnt	IDR 211.750
90 mnt	IDR 302.500
120 mnt	IDR 393.250

Hawaian Lomi Lomi Massage

Lomi Lomi massage, the practitioner uses their hands, arms, and sometimes elbows in long, fluid strokes that mimic the motion of ocean waves.The continuous, rhythmic movements of Lomi Lomi massage are designed to promote relaxation, improve circulation, and relieve muscle tension.

60 mnt	IDR 272.250
90 mnt	IDR 423.500
120 mnt	IDR 484.000

Thai Reflexology

Combine of foot stretching and reflexology massage by using oil, good for improve circulations and wellbeing

30 mnt	IDR 121.000
60 mnt	IDR 242.000

Deep Tissue Massage

type of medium to strong pressure massage therapy that focuses on realigning deeper layers of muscles and connective tissue. It is especially beneficial for those experiencing chronic aches and pains, as well as areas of tension and tightness in the body. During a deep tissue massage, the massage therapist uses slow, deliberate strokes and deep finger pressure to target specific areas of discomfort and tension.

90 mnt	IDR 393.250
120 mnt	IDR 423.500

Thai Massage (without oil)

Thai massage session, the practitioner uses their hands, knees, legs, and feet to move you into a series of yoga-like stretches and applies deep muscle compression, joint mobilization, and acupressure. The benefits Thai massage is Improved flexibility and range of motion, Relief from muscle tension and soreness, Stimulation of the lymphatic system and the release of toxins

60 mnt	IDR 332.750
120 mnt	IDR 423.500

"All the price is include tax and service"

Massage Service

Back Massage

Back massage is a therapeutic technique that focuses on the muscles and tissues of the back, aiming to relieve tension, alleviate pain, and promote relaxation. It is commonly used to address issues such as back pain, muscle stiffness, and stress-related tension.

30 mnt	**IDR 96.800**
60 mnt	**IDR 181.500**

Foot Massage

Foot massage is a therapeutic technique that focuses on the feet and lower legs, targeting specific points and areas to promote relaxation, alleviate tension, and improve overall well-being. Foot massage has been practiced in various cultures for centuries and is known for its potential to provide both physical and mental benefits.

60 mnt	**IDR 332.750**
120 mnt	**IDR 423.500**

Head Massage

Head massage is a therapeutic technique that focuses on the scalp, head, neck, and shoulders, aiming to promote relaxation, alleviate tension, and improve overall well-being. It is known for its potential to provide both physical and mental benefits and is often used as a form of stress relief and relaxation.

30 mnt	**IDR 96.800**
60 mnt	**IDR 181.500**

Special Package

Package 1 — IDR 272.250

- 45 mnt body massage
- 15 mnt foot reflexiology
- Face masker

Package 2 — IDR 272.250

- 45 mnt body massage
- 15 mnt head massage
- Face masker

Package 3 — IDR 423.500

- 45 mnt body massage
- 15 mnt head massage
- Full body scrub

Spa Beauty

Facial by Biokos

Facial treatments using BIOKOS, a local skincare product, offer a comprehensive and personalized approach to skin care, harnessing the power of natural and locally sourced ingredients to address various skin concerns. Here's a step-by-step explanation of a facial treatment using BIOKOS products

30 mnt	**IDR 242.000**

Body scrub

A body scrub, also known as an exfoliating scrub, is a rejuvenating skincare product or treatment designed to cleanse, refresh, and revitalize the skin.

30 mnt	**IDR 181.500**

"All the price is include tax and service"